

2021-2022 Wellness Protocols

As we begin the 2021-2022 school year at Lynden Christian School, we do so with a commitment to providing in-person, on-campus Christian education safely. The following are basic protocols and guidelines we will follow pertaining to COVID-19. The information below will aid in our decision making when positive cases are known or suspected. These protocols are based on directives from the Board of Directors of Lynden Christian, mandates by the state of Washington, and informed by guidance from the Washington State Department of Health K-12 Guidance found [here](#).

Masks –

Masks are expected to be worn by students and staff when indoors on campus. (DOH K-12 Guidance, P.5)

- Masks are not required when outdoors. Masks are strongly recommended for unvaccinated individuals when outdoors in crowded spaces or when in close contact with people from outside their household for a sustained period of time.
- Masks are not required during PE classes or during shop project time, unless in close contact (less than 3') for an extended period of time. This is a board mandate. The guidance says masks are required for both PE and Shop time as they are both indoors.

When sick –

- If students or staff are ill and/or experiencing symptoms consistent with COVID-19 infection, they should remain/be kept home, and school notified by emailing wellness@lynchs.org or calling the school office.
- If anyone in the home is positive for COVID-19, any other students or staff members in the home should remain home unless fully vaccinated, and school notified at wellness@lynchs.org or by calling the school office.
- Symptoms to monitor consistent specifically with COVID-19 infection (www.CDC.gov/coronavirus):
 - Fever of 100.4 degrees or higher
 - New Loss of taste or smell
 - Chills
 - Cough
 - Shortness of breath
 - Fatigue
 - Muscle or body aches
 - Headache
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Any other inexplicable symptoms consistent with possible Covid-19 infection.

Positive Cases (DOH K-12 guidance P.10) –

- If a person tests positive with a rapid test, the test should be confirmed with a molecular test. www.testdirectly.com is helpful, or you may contact your primary care provider.
- If a person tests positive with a molecular (PCR) test, they can return to school when the following criteria are met:
 - 10 days since symptom onset, or since positive test specimen collection date if no symptoms present, AND
 - 24 hours after fever resolves without medication, AND

- Symptoms have improved
- **For positive cases, this isolation guidance applies regardless of vaccination status. (DOH K-12 guidance P.10)**

Contact Tracing and Quarantine –

- **A school close contact** is defined as any contact within a proximity of 3 feet or less with a known positive person for a cumulative 15 minutes in a 24-hour period (DOH K-12 guidance P.11) Those sitting immediately in the vicinity of a positive person in a classroom are unlikely to be considered close contacts. Contact tracing will be limited to contacts during the school day or school activities.
- **Quarantine** is when someone who has been exposed to COVID-19 stays home and away from others for the recommended period of time in case they were infected and are contagious. (DOH K-12 guidance P.11)
 - Close contacts who are fully vaccinated do not need to quarantine as long as they remain symptom-free
 - Close contacts who have had confirmed COVID-19 in the last 3 months, have recovered and are symptom-free do not need to quarantine.
 - Close contacts who have not had COVID-19 in the last 3 months and who are unvaccinated must quarantine for up to 14 days after the last exposure to the positive person.
 - If the close contact remains symptom free, they may test 5-7 days after the last exposure and return to school on day 7 with a negative test result.

Testing –

- Lynden Christian School is exploring options for on-site testing. No on-site testing will be conducted without parental consent.
- State guidelines for athletic competition in high-contact sports dictate that athletes who are unvaccinated will be required to test periodically during the sport season to be able to participate. No testing will be conducted without parental consent. (DOH K-12 guidance P.15).

Visitors to campus –

- Visitors, volunteers, parents, and friends are welcome to join us on campus. All visitors will be expected to adhere to the mask policy when inside school buildings, classrooms, and offices.